


**Finding & Using
the Code of Federal Regulations**

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The Code of Federal Regulations

- Rules in Force by Topic/Subject
- 50 Titles
- 29 C.F.R. § 1210.1
- Title 29
- Part 1210
- Section 1



Finding the Code of Federal Regulations

- Print
- Hein Online
 - <http://heinonline.org/HOL/Welcome>
- GPO Access (official)
 - <http://www.gpoaccess.gov/cfr/>
- National Archives
 - <http://www.archives.gov/federal-register/cfr>
- E-CFR (current-not official)
 - <http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&tpl=%2Findex.tpl>
- LexisNexis & Westlaw

Use the C.F.R.

- Begin with a citation if possible
 - Agency
 - Statutes cross reference tables
 - Secondary source
 - Federal Register reference
- CFR Indexes
- Online websites

More Using the CFR

- TOC
- Index
- Statutory Authority
- Federal Register Publication
- CFR List of Sections Affected (LSA)
- National Archives (getting started)
 - <http://www.archives.gov/federal-register/cfr/>

Update the C.F.R.

- Print
- List of Sections Effected
- Federal Register
- E-CFR
- GPOAccess.gov
- E-Regulations
- LexisNexis
- Westlaw

For more information

Check out other
Legal Research Tools & Strategies
Administrative Law webcasts



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